



DynamicDialogue®

Beyond business as usual

Have you ever...

- Tried to explain something to have it received in exactly the opposite way you intended?
- Found yourself avoiding people fearing difficult or dead-end conversations?
- Kept silent when you had something to offer?
- Felt stuck in the same conversation over and over with exactly the same frustrating result?

You're not alone!

No matter how hard we try, difficulty interacting with others is a common experience. The gap between the desire to connect well and a reality filled with different ways of perceiving, thinking, and expressing ourselves derails even best intentions in families, organizations, workplaces, and communities. These challenges are especially frustrating when we see that competent, caring people are unable to work through life's problems.

DynamicDialogue® introduces learners to concepts that explain the underlying difficulties while offering an array of tools and practices that help avoid or work through challenges to a more satisfying conclusion.

Open to all. Pricing and registration info are on the back.

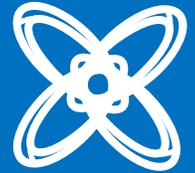
Where to Start?

Awareness is a great introduction, but you can attend each session separately or one after another. Designed to let you choose what works best for you.

DynamicDialogue® helps you meet these common problems in an uncommon way.

We offer half-day and full-day introductory sessions focusing on four core components:

- Awareness
- Compassion
- Creative Freedom
- Interdependence



Our upcoming full-day sessions for 2018 are scheduled as follows:

Awareness (Day 1)

Thursday, January 18th
Thursday, April 12th
Tuesday, July 17th
Monday, October 1st

Compassion (Day 2)

Friday, January 19th
Friday, April 13th
Wednesday, July 18th
Tuesday, October 2nd

Creative Freedom (Day 3)

Tuesday, January 30th
Friday, April 27th
Thursday, July 19th
Friday, October 26th

Interdependence (Day 4)

Wednesday, January 31st
Saturday, April 28th
Friday, July 20th
Saturday, October 27th

All workshops held at the Bread of Life Center

FOR MORE INFORMATION

Visit www.dynamicdialogue.org or contact:

Jean Holsten, Director of Dialogue
jeanholsten@dynamicdialogue.org

Amanda Baker, Dialogue Assistant
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Bread of Life Center
1260 Fulton Ave, Suite A
Sacramento, CA 95825
(916) 648-1803





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DYNAMIC DIALOGUE COSTS

\$150 per day

OR \$125 per day for whole series (\$500).

- Non-refundable registration fee is \$50 per day. Registration is full pay.
- Past participants attend for half off plus facility fee (if applicable).

Registration Refund Policy: If Bread of Life (BOL) is notified at least two weeks in advance you may switch workshop dates without losing your deposit. If BOL is notified less than two weeks in advance switching dates without penalty will be at our discretion. **If Bread of Life cancels or changes workshop dates for any reason, a full refund will be issued.**

MEET OUR TEAM OF FACILITATORS

Jean Holsten, Director DynamicDialogue Programs at Bread of Life, works with individuals and groups looking for a more efficient, productive and meaningful way to engage with others in business, government, community and political work.

Brenda Kress, Just Imagine, works with people and groups to view possibilities and ignite their own potential through the use of compassionate dialogue and imagination. Brenda is a certified DynamicDialogue mentor.

Debbie Baker, Creative Consciousness Rising, uses dialogue and Mandala art to work with individuals and groups to facilitate understanding of the power of living compassionately, with awareness, and mindfully honoring how we are all truly interdependent. Debbie is a certified DynamicDialogue mentor.

Mary Richardson has a robust consulting business working with congregations and non-profits. She leads and facilitates groups of varying sizes in developing their vision and related planning and helps groups develop healthy communication practices. Mary is a certified DynamicDialogue mentor.

Talib Huff, Sacramento Dialogue, works with couples and individuals to help them achieve a new level of conversation and so develop more authenticity in their relationships. Talib is a certified DynamicDialogue mentor.

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